



## LTL FRESH DEPARTURE SCHEDULE

BRAMPTON					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	VANCOUVER	OTTAWA	SASKATOON	WINNIPEG	VANCOUVER
	CALGARY	MONTREAL	REGINA	NEWFOUNDLAND	CALGARY
	EDMONTON		VANCOUVER		EDMONTON
	MONCTON		CALGARY		MONCTON
	HALIFAX		EDMONTON		HALIFAX
	SAINT JOHN NB				SAINT JOHN NB
	PEI				PEI

MONTREAL					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
VANCOUVER	MONCTON	SASKATOON	WINNIPEG	NEWFOUNDLAND	MONCTON
CALGARY	HALIFAX	REGINA		VANCOUVER	HALIFAX
EDMONTON	SAINT JOHN NB	VANCOUVER		CALGARY	SAINT JOHN NB
	PEI	CALGARY		EDMONTON	PEI
	BRAMPTON	EDMONTON			

## LTL FROZEN DEPARTURE SCHEDULE

BRAMPTON					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OTTAWA	VANCOUVER	WINNIPEG	VANCOUVER	NEWFOUNDLAND	VANCOUVER
MONTREAL	CALGARY	SASKATOON	CALGARY		CALGARY
	EDMONTON	REGINA	EDMONTON		EDMONTON
	MONCTON				MONCTON
	HALIFAX				HALIFAX
	SAINT JOHN NB				SAINT JOHN NB
	PEI				PEI

MONTREAL					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
VANCOUVER	BRAMPTON	VANCOUVER		NEWFOUNDLAND	MONCTON
CALGARY	MONCTON	CALGARY		VANCOUVER	HALIFAX
EDMONTON	HALIFAX	EDMONTON		CALGARY	SAINT JOHN NB
	SAINT JOHN NB			EDMONTON	PEI
	PEI				
	WINNIPEG				
	SASKATOON				
	REGINA				

### NOTES:

- Pickups are available daily but will only depart based on the schedule above
- Departures set for a Monday of a long weekend will automatically default to the Tuesday of that week
- Newfoundland sailings will only depart on Saturdays